

香港每年大約祇有百分之二的人口作定期驗眼，遠比一些先進國家的百分之三十為少，當中長者患上的眼疾及兒童近視尤為嚴重。其實很多視力問題如能夠及早發現和治療，是可以控制，甚至完全康復的。因此定期接受詳細的視覺及眼部檢查，實在不容忽視。

不同年齡人士常見的眼睛毛病

幼兒及小童	惰性感、鬥雞眼、與視覺有關的學習及發展障礙
上班一族	視網膜脫落、電腦視覺症候群、隱形眼鏡相關問題、糖尿病
長者	白內障、青光眼、老年性黃斑點退化

本中心由經驗豐富的視光師為閣下提供詳細和專業的眼科保健服務，如有需要，更可透過一站式的服務轉介至本中心的眼科醫生跟進；務求更全面地照顧您的眼睛。

本中心提供的服務包括

- 專業的視覺功能和眼睛健康檢查
- 角膜矯形治療 (控制近視加深)
- 視覺訓練治療
- 視覺感官能力評估
- 專業驗配眼鏡及漸進鏡
- 專業隱形眼鏡驗配及跟進檢查
- 眼科專科門診



專業的視覺功能和眼睛健康檢查包括

視覺檢查

視銳、屈光不正、睫狀肌痙攣屈光檢查、色覺檢查、觀察近視 / 散光度數加深並作眼睛護理指導

視覺功能測試

睫狀肌調節功能、外眼肌協調力檢查、視覺功能發展

眼疾檢查

檢查先天性眼疾、眼睛過敏、眼瞼及睫毛問題、視網膜退化、視網膜脫落、飛蚊症、乾眼症、糖尿眼、白內障、黃斑點病變、青光眼等

角膜矯形療程

若配帶眼鏡對你日常生活構成不便；或為兒童的近視迅速加深而憂慮，角膜矯形治療可以為你提供一個有效的解決方法。

角膜矯形治療獲美國食物及藥品管理局批核，證明為安全及適合睡眠時配戴之矯形鏡片；祇須在睡眠時配戴特製的隱形眼鏡，加上先進眼科儀器協助，便可有效、安全地減去及控制兒童近視加深。

療程前須接受專業詳細的檢查、了解實際戴鏡後的效果評估。

本中心視光師經香港理工大學正式受訓並獲得角膜矯形治療的專業資格。



視覺治療

兒童常見的視覺問題有弱視、斜視、協調及對焦困難等。遮眼、戴眼鏡或斜視手術，雖然有一定的幫助，但不一定是最佳辦法。我們會針對不同問題，設計出一套個人化的療程，透過使用鏡片、稜鏡、濾鏡及特殊器材，令患者的視覺功能回復正常，改善學習效率和生活質素。

視覺感官能力評估

讀寫障礙是常被人忽略的感官功能毛病之一，這類問題往往和視覺感官發展息息相關，例如孩子抗拒上學、集中力弱、閱讀後異常疲勞、辨別圖形、顏色有困難、抄寫字句時常常遺漏、字形反轉、依賴手指輔助閱讀等徵狀，但家長常誤以為子女懶惰或無心向學。當遇到以上情況或懷疑兒童發展較同齡落後，便須盡早進行評估，針對其發展障礙及時跟進，對兒童的發展及學習將有莫大裨益。

UMP Eyecare and Optometry Centre 宏康眼科保健及視光中心

查詢電話 For enquiry, please call

2273 4926

香港銅鑼灣怡和街22號13樓全層 (東海堂樓上)
13/F., 22 Yee Wo Street, Causeway Bay, Hong Kong
服務時間：星期一至星期日上午十時至下午八時
星期四及公眾假期休息

Opening Hours: Mon - Sun 10:00am - 8:00pm
Thu & PH Closed

保護眼睛 從小開始

Proper Eye Care, Start at Childhood



There are only about 2% of our population undergone regular eye examination in Hong Kong. It is far below when compare that 30% with those developed countries. Eye diseases among the elderly and the shortsightedness among children are getting serious. Hence, a proper and regular comprehensive eye check should never be undermined.

Common Eye Disorders in different age groups

Infant & Children	Lazy eye, Squint, Vision related learning problems
Working group	Retinal detachment, Computer vision syndromes, Contact lens related complications, Diabetic eye disease
Seniors	Cataract, Glaucoma, Age related macular degeneration

Our eye care centre provides professional and comprehensive eye care services by our experienced optometrist. When necessary, we will refer you to our in-house ophthalmologist in order to provide a one-stop professional service.

Services available in our Centre include

- Professional comprehensive vision and eye examination
- Orthokeratology treatment (myopia control)
- Visual therapy
- Visual perception assessment
- Professional dispensing of normal and progressive glasses
- Prescription of conventional or special contact lens and follow-up examination
- Ophthalmologist consultation

Professional vision and eye care check-up package includes

Vision Assessment

- Visual acuity, Refractive error, Cycloplegic refraction, Colour vision test
- Monitoring of shortsightedness / astigmatism progression and visual hygiene instruction

Visual Function Test

- Accommodative function, Extra ocular muscles functions, Visual function development

Eye Disease Check

- Congenital disorder, Allergic eye, Eyelid and eyelashes disorders, Retinal degeneration, Retinal detachment, Floaters, Dry eye syndrome, Diabetic eye disease, Cataract, Yellow spot disorder, Glaucoma etc.

Orthokeratology (Ortho-K) Treatment

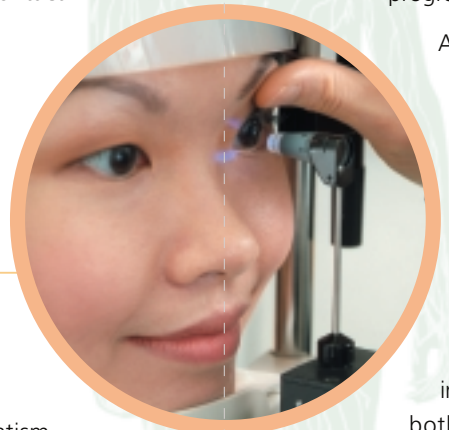
If spectacle causes inconvenient to you, or you are worrying about the rapid development in shortsightedness of your child, Ortho-K treatment could be an effective solution for you.

Ortho-K lens has been approved by FDA, proven to safe and suitable for night wear. By wearing a special designed contact lens at sleep with the assistant of advance ophthalmic devices, you can reduce and control the shortsighted progression effectively and safely.

A professional and comprehensive examination and evaluation on the effect before the treatment are included. This treatment is managed by our professional optometrist with Certificate of Attainment in Orthokeratology Practice (HKPU).

Visual Therapy

Common visual problem among children includes lazy eye, squint, difficult to coordinate both eyes and focusing problem...etc. Eye occlusion, spectacle or strabismus corrective surgery may not be the best treatment. A personalized treatment program based on the individual needs will be offered through the use of different equipment such as lens, prism, filter and special devices in order to regain your normal vision ability and efficiency as early as possible.



Visual Perception Assessment

Perception disorder is always being undermined such as learning & writing difficulty (dyslexia). These problems are mostly vision related. For example, resistance to school, concentration impairment, excessive exhausted after reading, difficulties in shape and color discrimination, inaccurate transcribing, reversing characters, require finger to guide for reading...etc. However, most parents misunderstand their children being lazy, or apathetic in learning. When the above problems are found or you are suspecting your child development fall behind the same age group, a visual perception assessment will be recommended to detect the problem as early as possible with appropriate follow up treatment.

